

St Patrick's School Emerald – Tuckshop Menu Revised Term 2 2012

Green – Items to eat without restriction

Amber – Items that can be eaten everyday but in Moderation

Red – Occasional foods

Sandwiches (state preference of grain OR white bread)

Chicken or Ham with: - cheese, tomato, carrot, lettuce & beetroot (G).....	4.20
Chicken or Ham only (G).....	2.70
Egg and lettuce (G).....	2.70
Vegemite (A).....	2.00
Cheese (G).....	2.00
Cheese & Vegemite (G).....	2.20
Toasted Jaffles Grain or White Bread – Any 2 of the following fillings.....	3.00
Baked Beans (G), Egg (G), Tomato (G), Cheese (A), Chicken Breast (A), Leg Ham (A)	

Salad Rolls

Ham OR Chicken with: - cheese, tomato, carrot, lettuce & beetroot (G).....	4.50
Chicken or ham w rap with lettuce, tomato, carrot, cheese, beetroot & mayonnaise (G).....	4.50
Half roll with: - cheese, tomato, carrot, lettuce & beetroot (G).....	3.00
Salad on Plate (G).....	4.50
Consists of – Ham OR chicken (Please state preference) with tomato, cheese, carrot, egg, lettuce, beetroot. Fork supplied	

Hot Food

Lite Pie - Four 'n Twenty (A).....	3.60
Lite Mini Pie (A).....	1.00
Lite Sausage Roll - Four 'n Twenty (A).....	2.70
Red Sausage (R).....	1.00
Crumbed Sausage (R).....	1.50
Chicken Leg (A).....	3.50
Fish Fingers (Limit 6 per child) (A).....	0.50
Baiada Nuggets – Chicken Breast in Tempura Batter (limit 6 per child) (A).....	0.50
Hot Dog (R).....	2.50
Chicken Dog - (Roll, lettuce, chicken tenderloin and mayo) (A).....	3.20
Extra piece of Chicken (A).....	1.40
Fish Burger – (Roll, lettuce, fish and mayo) (A).....	3.50
Fish Piece (A).....	2.00
Pizza (bread roll with paste, ham, cheese, pineapple) (A).....	3.00
Pizza without pineapple (A).....	3.00
Chicken and Cheese melt (½ bread roll chicken, melted cheese) (A).....	3.00
Lasagne (A).....	4.00
New Item: Chicken & Pasta Bake (G).....	4.00
New Item: Spaghetti Bolognese (G).....	4.00
Lite Apple Pie (please state hot or cold) (A).....	2.30
Corn with butter (G).....	1.00
Tomato sauce (sachet).....	0.20

Cold Items

Icy Twist Lemonade (A).....	1.30
Paddle Pop Chocolate or Rainbow (A).....	1.50
Calippo (A).....	1.00
Polar Crush (A).....	1.50
Vanilla Ice-cream (Small tub) (A).....	1.20
Lifesaver (A).....	1.20

Drinks

Milk 125ml Plain (A).....	1.00
Milk 300ml Strawberry, Chocolate Lite or Vanilla Malt (A).....	2.20

New Top Plastic Bottles

Orange, Apple, Black Currant/Apple (A).....	2.00
---	------

Snack Food

Lamington (R).....	1.50
SPC Fruit Pots (Two fruits or Peaches) (G).....	1.80
Cream cheese and corn relish dip with biscuits & carrot sticks (A).....	1.50
Ovalteenees (R).....	1.30
Popcorn (A).....	0.70
Lollies (Maximum 40c) 4 Strawberries and cream (A).....	0.40

TUCKSHOP PROCEDURE

Our School provides Tuckshop facilities for students from Prep to Year 7 and staff, Monday to Friday inclusive.

BIG LUNCH: Is available 5 days / week by following the correct procedure.

1. A standard size brown paper bag is to be used. **NO ENVELOPES.**
2. These bags are collected from the classroom and processed in the Tuckshop at 9.00am. The food is returned in the brown paper bag to your child's classroom for distribution just prior to the Big Lunch break.
3. A second bag marked with the child's name and grade only must be folded and placed inside the order bag so that the child's drink and other cold items may be packed separately.
4. Cold foods from the drinks, sandwich and energy foods list may be ordered at big lunch and kept for the second short break, stored if necessary in the classroom fridge. **NB No hot food or Ice blocks should be ordered for the 2nd break**
5. Please write on the bag with the opening at the top.
6. Child's Name, Grade, order, and cost of food (which should then be totalled) should **clearly**, be written on the bag in **ink. No pencil please.** If a child writes his / her own bag, parents please check that it has been written correctly and that the right money is enclosed. It is helpful if a second choice for juice or milk is also nominated.
7. Place the correct money (if possible) for the order in the bag. Please be aware that giving change is time consuming and that the money runs the risk of being lost before arriving home.
8. If you wish the total money owed by several children may be placed in one bag. However the grand total must clearly be shown on the bag that contains the money and please state on the other bags where the money is.
9. Fold the bag over only. Please **DO NOT** use staples, cellotape etc.
10. Children who have paid for an **ICE BLOCK** with their tuckshop need to keep the bag and take it back to the tuckshop when the ice blocks are ready to be purchased.
11. Children need to collect their **LASAGNE** from the tuckshop when the lunch bell goes.

Thank you for your assistance